

**AMERICAN EMBASSY
TOKYO**



JUNE 16TH - AUG 15TH, 2025

6-12 YRS OLD

**DRAGONS
LESSON PLANS**

www.mitsugardensinternationalpreschool.com

www.ewatokyo.org

WEEK 1

JUNE 16TH - 20TH, 2025

THEME: WATER WORKS

Welcome to Water Week - This week will be filled with water challenges and fun with ocean activities, including arts and crafts and learning time too.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING ACTIVITIES	Art corner, Blocks and Stem Corner, Group Game, Quiet Corner, Music Station, Water Balloons				
GROUP FOCUS	Welcome to NEW Friends, Introductions, Weekly explanations, Field Trip Goal and Locations, Ice Breakers and Group Rules				
TODAY'S SPECIAL MORNING ACTIVITY	Water Relay - Building up teams and friendships	Beach Towel Volleyball with Water Balloons	 Movie Day: Atlantis: The Lost Empire Shark Tale, A turtles Tale and More 	Sponge Relay - Creating Strong Teamwork	Slip and Slide 
AFTERNOON ACTIVITY 	Fill the Bucket Group Challenge	Which Team can Move the Water the Fastest Game?		 Sink or Float?	Fill Your own Bucket Faster!
CHOICE ACTIVITIES	Iron Beads, Worksheet, Magnetic Tiles	Lego, Worksheet, Art Corner		Slime, Beads, Sea Animal Creatures	Playdough, Science Corner, Worksheet
GYM TIME	Hungry Hippo's	Popcorn Tag		Hungry Hippo's	Popcorn Tag



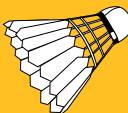




WEEK 2

JUNE 23RD - 27TH, 2025

THEME: FITNESS FANATICS

Fitness Fanatic week will challenge your child's strength and endurance - we will have lots of fun games indoors and out.



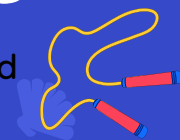
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING ACTIVITIES	 Ping Pong, Foosball Table, Twister, Boards Games				
GROUP FOCUS	Welcome to NEW Friends, Introductions, Weekly explanations, Field Trip Goal and Locations, Ice Breakers and Group Rules				
TODAY'S SPECIAL MORNING ACTIVITY	Truth or Dare (question or physical challenge)	Badminton Challenge 		Tennis Time - Who will win?	Flip Cups - Tic Tac Toe Challenge
AFTERNOON ACTIVITY	Pool Games 	Toss the Ring in the Pool	Movie Day: National Parks Adventure and more	Marco Polo in the Pool	 Pool Soccer
CHOICE ACTIVITIES	Art Centre, Board Games	Worksheet		Blocks, Books or Tennis	Art Centre, Board Games, Worksheets
GYM TIME	Obstacle Course	Rock Paper Scissors		Hopscotch	Obstacle Course







WEEK 3

JUNE 30TH - JULY 4TH, 2025

THEME: PHYSICAL CHALLENGES

Last week we enjoyed plenty of fitness challenges, this week let's extend those games and push ourselves to have even more fun



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING ACTIVITIES	 Ping Pong, Foosball Table, Twister, Boards Games				
GROUP FOCUS	Welcome to NEW Friends, Introductions, Weekly explanations, Field Trip Goal and Locations, Ice Breakers and Group Rules				
TODAY'S SPECIAL MORNING ACTIVITY	Ultimate Tag	Relay - create your team, motivate your team!	 Movie Day: A Parent Trap and More	Tug of War Game	Limbo Challenge 
AFTERNOON ACTIVITY	 Obstacle Course	Obstacle Course in the Pool		Sardines 	Scavenger Hunt - Physical Challenge Version
CHOICE ACTIVITIES	Art Centre, Board Games	Worksheet			Blocks, Books or Tennis
GYM TIME	4 Corners	Capture the Flag		4 Corners	Capture the Flag









WEEK 4

JULY 7TH- 11TH, 2025

THEME: WILDERNESS WARRIORS

With a fun field trip to Tama Zoo planned, we will be having fun learning about wild animals through games and art activities



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING ACTIVITIES	Free Painting, Animals Facts Texts, Animal Crafts, Games				
GROUP FOCUS	Welcome to NEW Friends, Introductions, Weekly explanations, Field Trip Goal and Locations, Ice Breakers and Group Rules				
TODAY'S SPECIAL MORNING ACTIVITY	Wild Animal Commando Game 	Spider Attach Game 	  Movie Day: The Jungle Book, Jumanji and more	Action Goose (a modified version of Duck Duck Goose)	 Wild Animal Pictionary
AFTERNOON ACTIVITY	Run Rabbit Run 	Monkey Tag 		Animal Charades	EASY - Give your friend the chicken - HARD - Chicken Cacciatore
CHOICE ACTIVITIES	Twister, Blocks, Worksheet	Study, Badminton		Karaoke, Worksheets	Beading, Painting
GYM TIME	Poison Dart Frog	Four Square Hula Hoop		Poison Dart Frog	Four Square Hula Hoop



DANGER ZONE










WEEK 5

JULY 14TH - 18TH, 2025

THEME: PIRATES PARADISE

Welcome to Pirate Week - Enjoying the fun with this theme we will try out lots of sensory activities and crafts with



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING ACTIVITIES	Over the Deep Blue Sea, Sail Away, Ahoy, Yo Ho Ho, Pirate Freeze				
GROUP FOCUS	Welcome to NEW Friends, Introductions, Weekly explanations, Field Trip Goal and Locations, Ice Breakers and Group Rules				
TODAY'S SPECIAL MORNING ACTIVITY	Lets build a Pirate Ship with Imagination Playground	Pirate Hat Making 	 Movie Day: Peter Pan and Pirates of the Carribean and More	Follow the Treasure Map 	 Gold Scavenger Hunt
AFTERNOON ACTIVITY	Pirate Costume making 	 What's inside the treasure box?		Pirate Treasure Sink or Float	Pirate Drama 
CHOICE ACTIVITES	Treasure Sensory Bin, Worksheet, Blocks	Science Table, Iron Beads		Puzzles, Worksheets	Peg Boards, Counters, Blocks and Cars
GYM TIME	Sharks and Minnows	Ship Dock Shore			Sharks and Minnows

WEEK 6

JULY 21ST - 25TH, 2025

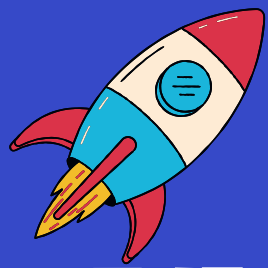
THEME: THE WEIRD & THE WONDERFUL

Through looking at the weird and wonderful things in nature, we will learn about those strange yet fascinating plants and creatures



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING ACTIVITIES	Nature Collage in Art Corner, Scavenger Hunt Preparations				
GROUP FOCUS	Welcome to NEW Friends, Introductions, Weekly explanations, Field Trip Goal and Locations, Ice Breakers and Group Rules				
TODAY'S SPECIAL MORNING ACTIVITY	Nature Hunt - Collecting Nature	Keep on Tracking - What can you track? or who?		North by Northwest - Compass	Scavenger Hunt for something Weird!!
AFTERNOON ACTIVITY	Camouflage Game	Fire Tender		Movie Day: A Bug's Life and More	Flower Dissection
CHOICE ACTIVITIES	Garden Yoga, Gardening	Gardening Worksheet			Gardening Building Free Art
GYM TIME	Heads, Shoulders, Knees and Balls	Fruit Salad		Heads, Shoulders, Knees and Balls	Fruit Salad





WEEK 7












JULY 28TH - AUG 1ST, 2025

THEME: GUARDIANS OF THE GALAXY

Welcome to Space Week where we will learn all about outer space, space exploration and JAXA



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING ACTIVITIES	Paint Corner - Solar System Model Making - Rocket Ship Building				
GROUP FOCUS	Welcome to NEW Friends, Introductions, Weekly explanations, Field Trip Goal and Locations, Ice Breakers and Group Rules - Space Exploration				
TODAY'S SPECIAL MORNING ACTIVITY	Rocket 3D Making	 Painting Planets	 Movie Day: Wall-E, Buzz Lightyear and more	 Creating the solar system	Alien (New Life Forms) Creation and Presentations
 AFTERNOON ACTIVITY	Rocket Launch 	 Galaxy of Stars		 Group Project Milky Way	Galaxy Glitter Jars 
CHOICE TIME	Worksheet, Planet Making	Moon Phases		Science Centre	Rocket Launch
GYM TIME	Race to the Galaxy	Striker Ball		Striker Ball	Race to the Galaxy



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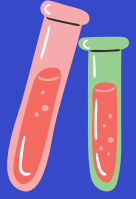








WEEK 8

AUG 4TH - 8TH, 2025

THEME: MAD SCIENTISTS

This week we will strain your mind into a world of endless possibilities. What can we make go faster, further, stronger and more?



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING ACTIVITIES	Stem Corner and Science Table, Math Games, Computer and I pads				
GROUP FOCUS	Welcome to NEW Friends, Introductions, Weekly explanations, Field Trip Goal and Locations, Ice Breakers and Group Rules - What is S.T.E.M?				
TODAY'S SPECIAL MORNING ACTIVITY	Water Bottle Launch	 Make It - Move It - Challenge!!	 Movie Day: Spy Kids, Honey I Shrunk the Kids, ET and more	 Egg Drop Challenge	10+ experiments in a day! 
AFTERNOON ACTIVITY	Mix Dish Soap, Cornstarch and secret ingredients.and ?	Engineering Challenge - Make the strongest Bridge		Home Made Slushies without using the freezer??	Does Solar really cook food? 
CHOICE TIME	STEM Corners	STEM Corners		STEM Corners	STEM Corners
GYM TIME	Four Circles	Minute to Win it		Striker Ball	Parachute Games















WEEK 9

AUG 11TH - 15TH, 2025

THEME: SPORTS SURVIVAL



Who will survive this week full of sports - indoors and out??? This weeks field trip of the most requested - lets enjoy all the sports we can to see who if the strongest of all.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING ACTIVITIES	Morning Free Sports - Badminton, Ping Pong, Frisbee, Long Jump etc 				
GROUP FOCUS	Welcome to NEW Friends, Introductions, Weekly explanations, Field Trip Goal and Locations, Ice Breakers and Group Rules				
TODAY'S SPECIAL MORNING ACTIVITY	 Minute to Win it OLYMPICS	Cardboard Carnival Sports Challenge		 Crab Soccer 	Kabaddi Sports Game
AFTERNOON ACTIVITY	Basketball Champion 	Ship to Shore	Movie Day: The Karate Kid, The Big Green, The Mighty Ducks and More 	Ten Pin Bowling Tournament	Teachers Physical Challenge 
CHOICE TIME	Board Game Sports	Twister, Board Games		Cardboard Carnival Replay	Board Game Sports
GYM TIME	 Dodgeball	Catapult Fitness Game		7 Relay Races	Dodgeball Finals